

Brain Bloom Room

Approach



Supporting families with brain-based learning and behaviour disorders

Asperger's, Hyperactivity, Speech Disorders, Dyslexia,
Dysgraphia, Dyscalculia, ADD, ADHD, ASD, SPD and
many more.



Who is the Brain Bloom Room?

Neuro Development Partner, Michelle, is the founder of the **Brain Bloom Room** and their 'Replenish' programmes. As an educator for over 30 years Michelle has worked with many children, young people and adults who face different hurdles in their learning and lives.

Michelle walks alongside individuals and families facing learning and behavioural challenges such as Dyslexia, Dyscalculia, Dysgraphia, ADHD, ADD and Sensory Processing issues. It is Michelle's hope that the holistic approach of the **Replenish** Programmes will benefit everyone looking to unravel and get to the 'root' cause of learning and behavioural challenges.

How does Michelle help your child?

The specialised neuro-developmental movement-based programmes at the **Brain Bloom Room** support clients to re-wire and shape their brains so that they can learn more effectively, adapt their behaviour to their surroundings more efficiently and enjoy life more fully.

Research now strongly links brain-based learning disorders such as Asperger's, Hemispheric imbalances, Hyperactive and Speech Disorders, Dyslexia, Dysgraphia, Dyscalculia, ADD, ADHD, ASD, SPD and immune problems to the retention of **primitive reflexes**, sequential 'in-built' foundational baby movements. This means the child's brain organisation and nervous system does not progress and develop as it should and is not wired up as it is programmed to be. As a result, core foundational skills necessary to learn and behave in the classroom are not very well established.

The good news is that the brain is plastic, and it learns through experience and interactions with the environment. With the correct stimulation and repeated sensory experience, the brain can change and adapt.



Replenish

Our 'Replenish' programmes begin with **primitive reflex** integration, sequentially re-laying the foundations for brain development. This is the first step to encourage the growth of new brain networks, re-organising and rewiring the brain for learning. Next, we move on to integrate the hemispheres through sensory and sensory-motor experience.

At the **Brain Bloom Room**, we know that every child has a different 'blueprint' and list of challenges. Our individual assessments find the point when the in-built programme wasn't followed, where there was a deviation from the norm and we put individualised programmes in place to address issues, beginning from the very foundations of brain development. The child can then develop new lifelong neural networks to link to all areas of the brain and resolve attention and learning difficulties.

Physical environment

The Brain Bloom Room is based in Te Awamutu and offers clinic sessions at Health in Motion in Te Kowhai. Michelle offers follow-up sessions either in person or on Zoom.

What to expect

Michelle loves getting to know her clients of all ages and backgrounds, tailoring what she offers to suit their unique needs. Her mission is to reach as many families as possible and she understands that so many desperately need help. Michelle is passionate about her programmes working in partnership with her clients and their families to 'empower' them to move forwards with confidence and purpose.

Want to learn more?

Contact Michelle for a free no obligation chat:
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Brain Bloom
Room



Brain Bloom Room Replenish Programme

CULTIVATING SKILLS
FOR YOUR FAMILY

Whāngaia, ka tupu, ka puawai
That which is nurtured, blossom then grow

