

# ADULT NEW PATIENT INITIAL INTAKE PAPERWORK

NAME:				<u></u>				
Fii	rst Name	Middle Na	ime	Last Name				
ADDRESS:	City	State		Country	Zip Code			
E-MAIL ADDRESS:								
HOME TEL. NUMB	ER: ()		MOBILE NUMBI	ER:				
AGE :	_ BIRTHDATE:	Month Date	Year BIRTH	ORDER:				
SEX : Male	Female <b>E</b>	EYE COLOR:	HAIF	R COLOR:				
BLOOD TYPE:	A B	AB O	Rh+	Rh-				
HEIGHT:	WEI	GHT:	SS#: _					
REFERRED BY: _								



## **NEUROLOGICAL ASSESSMENT FORM**

NAM	E: SEX: DATE:		
PUR	POSE OF APPOINTMENT:		
Pleas	se answer the following questions by CHECKING the box.		
1.	Are you LEFT handed or RIGHT handed? Left Handed Right Handed	YES	NO
1. 2.	Have you ever had a head injury?		
3.	Have you ever lost consciousness?		
4.	Do you have a past history of dizziness?		
т. 5.	Do you have any ringing in the ears?		
6.	Do you experience nausea?		
7.	Do you find that your balance is getting worse?		
8.	Do you have difficulties going down the stairs?		
9.	Do you have a hard time with math problems or computing numbers?		
10.	Do you find yourself searching for words frequently when you speak?		
11.	Have you noticed your ability to concentrate is getting worse?		
12.	Do you feel fatigue after reading?		
13.	Do you get lost often or have a hard time with directions?		
14.	Does loud or scattered noises bother you?		
15.	Do quick flashes of light on TV or movies bother you?		
16.	Do you feel like you need to wear sunglasses outside?		
17.	Has your handwriting changed in recent years?		
18.	Do you have a hard time swallowing?		
19.	Do you gag easily?		
20.	Do you experience blurriness in your vision?		
21.	Do you ever had double-vision?		
22.	Do you have any difficulty with smelling?		
23.	Do you smell foul things that are not present?		
24.	Do you have any difficulty with taste?		
25.	Do you taste things differently than what you are eating?		



## YES NO

26.	Have you noticed clumsiness in hand coordination?
27.	Do you have difficulty with short-term memory?
28.	Have you been told or noticed any memory loss of past events?
29.	Have you noticed uneven sweating or uneven temperature on one side of your body?
30.	Do you have any tightness, a feeling of weakness or instability in your back or neck?
31.	Do you ever have any numbness or tingling in your hands, legs, or face?
32.	Have you noticed any twitches or cramping in your legs and hands?
33.	Do you have any difficulty with falling or staying asleep?
34.	Do you get motion sickness easily (car sick or sea sick)?
35.	Do you experience flashes of light in your visual field?
36.	Do you ever see floating objects in your visual field?
37.	Do you ever experience dry eyes or mouth?
38.	Do you ever experience increase tearing or salivation?
39.	Do you feel pressure in your ear?
40.	Do you suffer from frequent bloating or gas?
41.	Do you feel that you do not digest your food well?
42.	Do you ever have slurred speech?
43.	Do you ever have dropping of your eyelids?
44.	Do you ever notice fatigue of your facial muscles?
45.	Do you ever have jaw tightness or diagnosed with TMJ Dysfunction?
46.	Do you ever notice increased heart rate or pulse during the day?
47.	Have you ever experienced or been diagnosed of Arrhythmia (fluctuating heart rate)?
48.	Have you ever been diagnosed or experienced Tachycardia (fast heart rate)?
49.	Do you experience DÉJÀ VU?
50.	Does driving cause you fatigue, headaches, or any other symptoms?
51.	Does working on a computer cause you fatigue, headaches or other symptoms?
52.	Do you ever have increased/decreased urination (normal is 6-8 a day) or wet the bed?
53.	Do you have increased/decreased bowel movement (normal is 3 times a day)?
54.	Have you lost interest in hobbies and functions that you used to enjoy?
55.	Do you have a hard time motivating yourself to engage in activities?
56.	Do you ever have fluttering of the eye or noticed you are blinking frequently?
57.	Do you have difficulty distinguishing RIGHT and LEFT?
58.	Do you find this questionnaire difficult?



PLEASE <u>COMMENT</u> OR <u>EL</u>	<u>ABORATE</u> BELOW ON ANY QU	ESTION/S POSTED (1-58):
SCORING:		
	rle, add up all the A's and B's. Su resulting number on the A or B in dominant.	
Example: 80 A's – 20 B's = 6	60	
A Total A's		
Total B's		
Total after subtracting the	lower score from the top scor	e:
100 A 60 A	0	100B



## THE MELILLO COGNITIVE STYLE ASSESSMENT

This assessment will help you determine your cognitive style – that is, whether your tendency is to be more right brained or more left brained. Choose the response that best describes your natural tendency, not your learned behaviors. Think about yourself as a child, teenager or young adult, and how you would have answered back then. It is very important that choose one answer to each question, even if you don't think it fits you exactly. Do not leave any blanks!

1.	A	I like to do and learn things one step at a time	2.	A	I tend to focus on details
	В	I like to do and learn many things at the same time		В	I tend to focus on the bigger picture
3.	A	I don't always get the joke or think	4.	A	I don't like change.
	В	something is as funny as others. I always get the joke, even before others.		В	I need to change things often.
5.	A	I like routines.	6.	A	I have very good handwriting.
	В	I rarely do anything the same way twice.		В	I have poor handwriting.
7.	A	I like when things are clearly spelled out and	8.	A	I tend to take things literally
	В	precise. I like to think in generalities.		В	I am good at reading between the lines.
9.	A	I will read a contract or instructions over	10.	A	I believe or have been told I have a
	В	and over to make sure I don't miss anything I don't like reading contracts or instructions		В	high IQ. I believe or have been told I have an average IQ.
11.	A	I did better on the math portion of the SAT.	12.	A	I liked school and am good at
	В	I did better on the verbal portion of the SAT.		В	academics I didn't like school and it affected my grades.
13.	A	I am good at learning by rote memorization and repetition.	14.	A	I would prefer to work with
	В	I learn best by just doing something.		В	computers. I would prefer to work with people.
15.	A	I am not good at new ideas.	16.	A	I am not good at creative problem solving.
	В	I am very good at coming up with new ideas.		В	I am very good at problem solving especially when it takes a creative solution.
17.	A	I was better at algebra then geometry in school.	18.	A	It is easy for me to visualize things.
	В	I was better at geometry then algebra in school.		В	It is hard for me to visualize things.
19.	A	I cannot rotate objects in my mind easily.	20.	A	I have difficulty making friends.
	В	I can rotate objects in my mind easily.		В	I make friends easily.
21.	A	I do not get along with the opposite sex well.	22	A	I am not an emotional person and never show emotions.
	В	I get along very well with the opposite sex.		В	I am an emotional person and show emotions easily.



23.	A	I prefer individual sports.	24.	A	I can never tell what someone is thinking.
	В	I prefer team sports.		В	I always think I know what someone is thinking.
25.	A	I like to read.	26.	A	I am very good at spelling and grammar.
	В	I don't read a lot.		В	I am not great at spelling and grammar.
27.	A	I like to read technical and nonfiction books	28	A	If I don't understand a word I will stop to look it up more often than not.
	В	I like to read novels and stories.		В	If I don't understand a word I generally just move on and figure it out later.
29.	A	I have always been able to do calculations easily in my head.	30.	A	I like numbers; I am good with numbers.
	В	I don't do calculations in my head well; I need to write it down.		В	I don't like numbers.
31.	A	I am more book smart than street smart.	32.	A	I like planning ahead.
	В	I am more street smart than book smart.		В	I hate to plan; I just want to figure it out as I go.
33.	A	I am not good with metaphors; I like facts	34.	A	I will read the instructions closely before I try something.
	В	I like metaphors or hypothetical examples		В	I never read instructions; I prefer to jump in feet first.
35.	A	I sometimes struggle with the main idea of a story.	36.	A	I am better at understanding than doing.
	В	I always get the main idea of a story.		В	I am better at doing than understanding.
37.	A	I am logical; I tend to think things through very carefully before doing.	38.	A	I have a great memory for facts and details.
	В	I am intuitive; I like to act by "gut instinct"		В	I don't have a great memory for facts and details.
39.	A	I remember names not faces.	40.	A	I have a terrible sense of direction.
	В	I am very good with faces but forget names.		В	I have a very good sense of direction.
41.	A	I have an explosive anger if I am pushed.	42.	A	I like to work by myself.
	В	It takes a lot to get me angry; things don't tend to bother me.		В	I like to work together as a team.
43.	A	When someone says they have good news and bad news; I like to hear the bad news first.	44.	A	I am good at saving money.
	В	When someone says they have good news and bad news; I like to hear the good news first.		В	I am not good at saving money.



45.	A	I like to hold onto things; it takes a lot for me to throw something out.	46.	A	I like realistic art.
	В	I like to get rid of old things and replace them with new things.		В	I like abstract art.
47.	A	I don't really focus on how I look.	48.	A	I don't notice what others think of me.
	В	I am very aware of how I look.		В	I notice and care a lot about what others think of me.
49.	A	I don't know or follow fashion trends.	50.	A	I prefer to wear classic clothes that I have worn for years and are comfortable.
	В	I love wearing the latest styles.		В	I prefer to wear newer trendier styles even if they are uncomfortable.
51.	A	Some people would consider me a geek	52.	A	I generally obey laws and follow the rules.
	В	No one would ever consider me to be a geek		В	I generally don't follow rules; most rules don't make sense.
53.	A	I work better with positive reinforcement; I work to achieve a goal.	54.	A	I am very neat and organized.
	В	I work to achieve a goal.  I work better with negative reinforcement; I focus on avoiding failure.		В	I would be considered messy and disorganized.
55.	A	I like to be alone.	56.	A	I never remember the words to a
	В	I like being around others.		В	song; I like the music more. I like the words to a song and remember them almost instantly.
57.	A	I prefer yellow or orange (warm colors).	58.	A	I like things that are manmade and mechanical.
	В	I prefer purple, blue or green (cool colors)		В	I like things that are natural.
59.	A	I am a perfectionist.	60.	A	I would never write or show someone something I have written before checking for grammatical or spelling
	В	I don't care if things are not perfect.		В	errors. I am more interested in the overall content of something I write rather than the details like spelling or grammar.
61.	A	I am not good at creative writing.	62.	A	I like to listen to classical music
	В	I like to write my own stories.		В	I like popular music (rock or country)
63.	A	I am very good at learning languages.	64.	A	I am better at reading books than people.
	В	I am terrible at languages.		В	I am better at reading people than books.
65.	A	I mentally comprehend suffering, but I don't really feel it.	66.	A	I rarely get depressed.
	В	I feel very bad or sad for others who are suffering.		В	I get depressed easily.



<b>67.</b>	Α	I generally don't like to be touched, especially by someone I don't know.	68.	A	I am somewhat uncoordinated, not very athletic.
	В	I need human contact and I like to be touched and to touch others.		В	I am generally very coordinated and athletic.
69.	A	I'd rather stay indoors.	70.	A	I like to vacation at the same places over and over.
	В	I'd rather be outside.		В	I like to vacation in new places.
71.	A	I don't like parties and social gatherings in general	72.	A	I am a realist.
	В	I love parties and social gatherings.		В	I am a dreamer.
73	A	Function is much more important than style and design.	74.	A	I prefer math, research or science.
	В	Design is at least as important as function.		В	I prefer philosophy and mythology.
75.	A	I would prefer to communicate through text or email.	76.	A	I am not a people person
	В	I would prefer to communicate on the phone or in person.		В	I am definitely a people person.
77.	A	I prefer to be organized and plan things.	78.	A	I think it is important to improve on things that exist and make them better.
	В	I prefer to be spontaneous and not worry about the details.		В	I think it is not important to develop new things and new ideas.
79.	A	I think reason is more important than feelings.	80.	A	When learning a new chapter in a textbook; I think it is best to outline the chapter.
	В	I think feelings are more important than reason.		В	When learning a new chapter in a textbook; I think it is best to summarize the chapter.
81.	A	I am better at crossword puzzles.	82	A	In a theatre production, I would rather bet the director.
	В	I am better at jigsaw puzzles.		В	In a theatre production, I would rather be the lead actor.
83.	A	If learning a new piece of equipment: I carefully read the instruction manual before	84.	A	What is being said (words), is more important than how it is being said (tone towns yellows amotion)
	В	beginning.  If learning a new piece of equipment: I jump in and wing it (I use the manual as the last resort)		В	(tone, tempo, volume, emotion). How something is being said (tone, tempo, volume, emotion) is more important than what the person is saying.
85.	A	I do not use hand gestures when I speak.	86.	A	If I were hanging a picture on a wall, I would carefully measure to make sure it is centered and straight.
	В	I use many gestures and hand movements when I speak.		В	I I were hanging a picture on a a wall, I would put it where it looks right and move it if necessary.
87.	A	At work: I concentrate on one task at a time until it is complete.	88.	A	I like to plan my future steps
	В	At work: I usually juggle several things at once.		В	I enjoy dreaming about my future.



89.	A	I like to take ideas apart and look at them separately.	90.	A	I like to learn about things we are sure of.
	В	I like to put ideas together.		В	I like to learn about hidden possibilities.
91.	A	I think it is more exciting to improve something	92.	A	I am strong: in recalling verbal materials (names, dates).
	В	I think it is more exciting to invent something.		В	I am strong: in recalling spatial material (directions and locations
93.	A	I prefer total quiet when reading or studying.	94.	A	I think in words.
	В	I prefer to have music on while reading or studying.		В	I think in pictures.
95.	A	As a kid, the worst thing would be to: fail a test.	96.	A	I learn best from teachers who explain with words.
	В	As a kid, the worst thing would be to: be embarrassed in class.		В	I learn best from teachers who explain with pictures, movement and actions.
97.	A	I like to express feelings and ideas in plain language.	98.	A	I would rather not guess or play hunches.
	В	I like to express feelings and ideas in poetry, song, dance and art.		В	I like to play hunches and guess.
99.	A	I am very direct and straightforward with people.	100.	A	I think the best trait is to be reserved and modest.
	В	I try not to hurt someone's feelings, so I am not as direct with people.		В	I think the best trait is to be outgoing and interesting.



## **MELILLO ADULT SENSORY CHECKLIST**

## **VESTIBULAR FUNCTION CHECKLIST**

•	The vestibular system is all about balance and spatial awareness. These are signs of a
	problem in this area. Read each of the following symptoms and place a check in the box that
	most closely fines how it describes yourself now or as a child. A 1 indicates "doesn't apply at all
	and a <u>10</u> is " <u>almost always</u> ". Add up the numbers and record the total.
	(The lowest possible score is a 10 and the highest is 100).

1. Exhibits poor balance										
2. Had delayed crawling, standing &/or walking										
3. Poor muscle tone (extremely flexible)										
4. Experiences motion sickness										
5. Dislike of heights, swings, carousels, escalators, elevators										
6. Easily disoriented &/or poor sense of direction										
7. Clumsy										
8. Difficultly remaining still; may actively										
seek movement such as spinning &/or rocking										
9. Difficulties with space perception										
10. Walks or walked on toes										
	То	tal								
AUDITORY FUNCTION CHECKLIST										
These are the symptom of a problem with the audit	•									
following symptoms and place a check in the box to yourself now or as a child. A <u>1</u> indicates " <u>doesn't ap</u>				-						
Add up the numbers and record the total . (The lowe highest is 100).								<u>.,,                                   </u>		
,	1	2	3	4	5	6	7	8	9	10
1. Concerned about hearing as an infant										
2 Inability to sing in tune										



## ADVERSE CHILDHOOD EXPERIENCE (ACE) QUESTIONNAIRE FINDING YOUR ACE SCORE

## While you were growing up, during your first 18 years of life:

<u>Whil</u>	e you were g	rowing u	p, during you	ur first 18 years of life:
1. Di	d a parent or	other adul	t in the house	hold often
	Swear at you	u, insult yo <b>OR</b>	u, put you dow	n, or humiliate you?
	Act in a way	that made	you afraid that	tyou might be physically hurt?
		YES	NO	If <b>YES</b> , enter "1"
<i>2.</i> Di	d a parent or d	other adul	t in the housel	nold often Push,
	grab, slap, o	r throw soi <b>OR</b>	mething at you	?
	Ever hit you	so hard th	at you had ma	rks or were injured?
		YES	NO	If <b>YES</b> , enter "1"
3. Di	Touch or for	ndle you or <b>OR</b>	have you touc	older than you ever  th their body in a sexual way?  vaginal sex with you?
	Try to or dot	YES	NO	If YES, enter "1"
		0		<u></u>
4. Di	d you often fe			
	No one in yo	our family lo OR	oved you or the	ought you were important or special?
	Your family each otl	didn't look	out for each of	ther, feel close to each other, or support
		YES	NO	If <b>YES</b> , enter "1"
5. Di	d you often fe	el that		
	You didn't ha	ave enoug	h to eat, had to	wear dirty clothes, and had no one to protect
		OR		
	Your parents you needed		drunk or high	to take care of you or take you to the doctor if
		YES	NO	If <b>YES</b> , enter "1"



6.	Were your parent	s ever sepa	rated or divorced?	
		YES	NO	If YES, enter "1"
7.	Was your mother Often pushed	l, grabbed, s	t <b>her:</b> lapped, or had something t	hrown at her?
	Sometimes of	OR or often kicke OR	ed, bitten, hit with a fist, or I	hit with something hard?
	Ever repeated	_	t least a few minutes or thre	eatened with a gun or knife?
		YES	NO	If <b>YES,</b> enter "1"
8.	Did you live with drugs?	anyone who	o was a problem drinker o	r alcoholic or who used street
		YES	NO	If YES, enter "1"
9.	Was a househo member attempt		depressed or mentally	ill or did a household
		YES	NO	If <b>YES,</b> enter "1"
10	). Did a household	d member g	o to prison?	
		YES	NO	If YES, enter "1"
	Now add up	your "YES"	answers: Thi	is is your ACE Score



## **RESILIENCE QUESTIONNAIRE**

#### PLEASE CHECK THE MOST ACCURATE ANSWER <u>UNDER</u> EACH STATEMENT:

1. I believe that my mother loved me when I was little.

Definitely True Probably True Not Sure

Definitely Not True Probably Not True

2. I believe that my father loved me when I was little.

Definitely True Probably True Not Sure

Definitely Not True Probably Not True

3. When I was little, other people helped my mother and father take care of me and they seemed to love me.

True Probably True Definitely True

Not Sure Probably Not Definitely Not True

4. I've heard that when I was an infant someone in my family enjoyed playing with me, and I enjoyed it, too.

True Probably True Definitely True

Not Sure Probably Not Definitely Not True

5. When I was a child, there were relatives in my family who made me feel better if I was sad or worried.

True Probably True Definitely True

Not Sure Probably Not Definitely Not True

6. When I was a child, neighbors or my friends' parents seemed to like me.

True Probably True Definitely True

Not Sure Probably Not Definitely Not True

7. When I was a child, teachers, coaches, youth leaders or ministers were there to help me.

True Probably True Definitely True

Not Sure Probably Not Definitely Not True



8.	Someone in my f	amily cared about how I was	doing in school.
	True	Probably True	Definitely True
	Not Sure	Probably Not	Definitely Not True
9.	My family, neight	oors and friends talked often	about making our lives better.
	True	Probably True	Definitely True
	Not Sure	Probably Not	Definitely Not True
10.	We had rules in	our house and were expecte	ed to keep them.
	True	Probably True	Definitely True
	Not Sure	Probably Not	Definitely Not True
11.	When I felt really	bad, I could almost always	find someone I trusted to talk to.
	True	Probably True	Definitely True
	Not Sure	Probably Not	Definitely Not True
12.	As a youth, peo	ple noticed that I was capab	le and could get things done.
	True	Probably True	Definitely True
	Not Sure	Probably Not	Definitely Not True
13.	I was independe	ent and a go-getter.	
	True	Probably True	Definitely True
	Not Sure	Probably Not	Definitely Not True
14.	I believed that li	fe is what you make it.	
	True	Probably True	Definitely True
	Not Sure	Probably Not	Definitely Not True
Но	w many of these	14 protective factors did I ha	ave as a child and youth?
Ho	w many of the 14 v	vere circled are "Definitely True	e" or " <i>Probably True</i> "?
		Definitely True	Probably True
Of	these circled, <b>how</b>	many are still true for me?	



	3. Hypersensitive to sounds										
	4. Misinterprets questions										
	5. Confuses similar sounding words; frequently										
	need to have words repeated										
	6. Inability to follow sequential instructions										
	7. Flat and monotonous voice										
	8. Hesitant speech										
	9. Small vocabulary										
	10. Confusion or reversal of letters										
		Т	ota	ıl		_					
<u>V</u> ]	ISUAL DYSFUNCTION CHECKLIST										
<ul><li>TI</li></ul>	his checklist focuses on symptoms that make reading o	difficu	ılt. F	Read	l eac	h of	the f	ollow	ing		
Sy	ymptoms and place a check in the box that most closely	fines	hov	v it a	escr	ibes	yours	self n	ow		
	r as a child. A <u>1</u> indicates " <u>doesn't apply at all</u> " and a							-	the		
nı	umbers and record the total. (The lowest possible score	ıs a	10 a	nd t	ne n	ignes	st is 1	00).			
		1	2	3	4	5	6	7	8	9	10
1.	. Misreads words	1	2	3	4	5	6	7	8	9	10
	. Misreads words	1	2	3	4	5	6	7	8	9	10
2.		1	2	3	4	5	6	7	8	9	10
2.	. Misses or repeats words or lines	1	2	3	4	5	6	7	8	9	10
2. 3. 4.	. Misses or repeats words or lines	1	2	3	4	5	6	7	8	9	10
2. 3. 4.	Misses or repeats words or lines	1	2	3	4	5	6	7	8	9	10
2. 3. 4. 5.	Misses or repeats words or lines	1	2	3	4	5	6	7	8	9	10
2. 3. 4. 5.	Misses or repeats words or lines	1	2	3	4	5	6	7	8	9	10
2. 3. 4. 5. 6. 7.	Misses or repeats words or lines	1	2	3	4	5	6	7	8	9	10
2. 3. 4. 5. 6. 7.	Misses or repeats words or lines Reads slowly Needs to use finger or marker as a pointer Inability to remember what was read Poor concentration Poor focus while reading I.E. Letters move or jump around on the page	1	2	3	4	5	6	7	8	9	10
2. 3. 4. 5. 6. 7.	Misses or repeats words or lines Reads slowly Needs to use finger or marker as a pointer Inability to remember what was read Poor concentration Poor focus while reading I.E. Letters move or jump around on the page Crooked or sloped handwriting	1	2	3	4	5	6	7	8	9	10
2. 3. 4. 5. 6. 7.	Misses or repeats words or lines Reads slowly Needs to use finger or marker as a pointer Inability to remember what was read Poor concentration Poor focus while reading I.E. Letters move or jump around on the page Crooked or sloped handwriting Letters poorly balance with one eye covered or	1	2	3	4	5	6	7	8	9	10



## **PROPRIOCEPTIVE FUNCTION CHECKLIST**

This checklist will help judge how well your child feels his or her body in space. Read each of
the following symptoms and place a check in the box that most closely fines how it describes
yourself now or as a child. A <u>1</u> indicates "<u>doesn't apply at all"</u> and a <u>10</u> is "<u>almost always</u>".

Add up the numbers and record the total. (The lowest possible score is a 10 and the highest
is 100).

PROPRIOCEPTION SYMPTOM CHECKLIST	1	2	3	4	5	6	7	8	9	10
1. Poor posture										
2. Constant fidgeting or moving										
3. Excessive desire to be held										
4. Provokes fights										
5. Hooks feet around legs of desk for support										
6. Problem identifying body parts in space										
7. Bumps into things often										
8. Poor balance										
9. Rocks body or bangs head										
10. Does not like heights										
	Tot	al								
<ul> <li>TACTILE FUNCTION CHECKLIST</li> <li>These symptoms indicated either and under of over s following symptoms and place a check in the box the yourself now or as a child. A 1 indicates "doesn't app Add up the numbers and record the total. (The lowest is 100).</li> </ul>	t mo Iy at	ost cl ' <u>all"</u> a	osely and a	fine 1 <u>10</u> i	s hov s " <u>all</u>	v it d <u>most</u>	escri <i>alwa</i>	ibes I <u>ys</u> ".		
HYPOTACTILE (OVERSENSITIVITY) SYMPTOMS	1	2	3	4	5	6	7	8	9	10
1. Hypotactile to most things										
2. Doesn't notice or respond when cut										
3. High threshold for pain										
4. Doesn't sense the feeling of cold or hot										
5. Craves contact sports										
6. Doesn't notice when sits down on an object										



	1	2	3	4	5	6	7	8	9	10
7. Provokes roughhousing or fighting										
8. Not ticklish										
9. Compulsively touches										
10. Acts like a bull in china shop										
	TO	TAL		_						
HYPERTACTILE (UNDERSENSITIVITY) SYMPTOMS	1	2	3	4	5	6	7	8	9	10
1. Seems hypersensitivity all the time										
2. Dislikes playing sports										
3. Dislikes being touched										
4. Hates tags on clothes										
5. Allergic skin reactions										
6. Hates makeup and/or jewelry										
7. Poor body temperature control										
8. Does not like clothing on arms or legs										
9. Low external pain threshold										
10. Doesn't like touching										
		ОТА	L							
OLEACTORY EUNCTION CHECKLIST										
OLFACTORY FUNCTION CHECKLIST			. ,					-		
<ul> <li>These two checklist will help you ascertain if your chesmell and taste. One list checks for oversensitivity and</li> </ul>				-						
each of the symptoms in both lists and place a chec						-				
how it describes yourself now or as a child. A <u>1</u> indic						-				
" <u>almost always"</u> . Add up the numbers and record the 10 and the highest is 100). Total each list.	e total.	. (The	e lou	est p	ossii	ble s	core	is a		
TO and the highest is Tooj. Total each list.										
HYPERSENSITIVE SMELL AND TASTE CHECKLIST	1	2	3	4	5	6	7	8	9	10
Exhibits increased sensitivity										
to taste and smell										
2. Gags at the smell of certain foods										
3. Avoids going to bathroom at the risk of wetting										
pants the smell is repugnant										
- I										



		1	2	3	4	5	6	7	8	9	10
4.	Likes bland foods										
5.	Avoids children with dirty or smelly clothes										
6.	Complains about other's bad breath										
7.	Misbehaves after house is cleaned with solvents										
8.	Sensitive to smoke										
9.	Avoids foods and places with strong										
	cooking smells										
10.	Sniffs everything										
		TOT	4L _								
<u>HYPOS</u>	ENITIVE SMELL CHECKLIST	1	2	3	4	5	6	7	8	9	10
1.	Never comments on strong smells	·									
2.	Never notices baking smells, such as cookies										
3.	Overfills mouth										
4.	Avoids foods because of the way it looks										
5.	Never sniffs										
6.	Hates to eat, even sweets										
7.	Chews on things like pens										
8.	Does not notice strong smells like something										
	burning										
9.	Eats indiscriminately; will reach for anything,										
	even some at risk, like poison										
10.	Extremely picky eater										

TOTAL \_\_\_\_





## **COMMON IMMUNE CHARACTERISTICS OF THE BRAIN**

#### A. COMMON <u>IMMUNE</u> CHARACTERISTICS OF <u>RIGHT BRAIN</u> DEFICIT

- 1. You have or have had an autoimmune disorder such as asthma, eczema, asthma, lupus, psoriasis or rheumatoid arthritis.
- You have more than one auto-immune disorder.
- 3. You have little white bumps on your skin, especially on the back of your arms.
- 4. You crave certain foods, especially dairy and wheat products.
- 5. You have been diagnosed with low thyroid function.
- 6. You feel like you're a little drunk or feel off balance after eating certain foods.

 Total	(A)

#### B. COMMON IMMUNE CHARACTERISTICS OF LEFT BRAIN DEFICIT

- 1. You have problem with chronic ear, throat, or respiratory infections.
- 2. You are prone to benign tumors and/or cysts or you have had a cancerous tumor.
- 3. You've taken or frequently take a lot of antibiotics or anti-viral medicines.
- 4. You catch a lot of colds, more than 2 a year.
- 5. It takes you a long time to feel 100 percent after an illness.
- 6. You feel you have to get a flu shot every year or you will get the flu. You sometimes get it, even with a flu shot.
- 7. You have problem with chronic yeast or fungalinfections and/or have been diagnosed with candidiasis or thrush.
- 8. You have or have had stomach ulcers.
- 9. You've had pneumonia within the past 7 years.
- 10. You have recurrent viral outbreaks, such as herpes or shingles.
- 11. You have had or still have Lyme disease.
- 12. You've had your tonsils and adenoids removed because of chronic infections.

Total	(B
 . • • • •	<b>\</b>



## COMMON METABOLIC CHARACTERISTICS OF BRAIN DELAY

#### A. COMMON METABOLIC CHARACTERISTICS OF RIGHT BRAIN DELAY

- 1. You have frequent bowel troubles with constipation and/or diarrhea.
- 2. You have a rapid heart rate or a sudden increase in heart rate (Tachycardia, above 90 beats per minute)
- 3. Your blood pressure is 10 points or more higher when taken on your right arm than your left arm.

	4.	You perspire more on the right side of your body than your left.
		Total (A)
B.	COM	MON METABOLIC CHARACTERISTICS OF LEFT BRAIN DEFICIT
	1.	Your blood pressure is 10 points or more higher when taken on your left arm than your right

- 2. You sweat more on the left side of your body.
- 3. You have or have had an irregular heartbeats, such as arrhythmia or a heart murmur.
- 4. Your left hand loses circulation and takes longer to warm up when exposed to the cold.\_\_\_\_\_ Total (B)

## **HOW TO SCORE**

arm.

Tally the number of checkmarks you made in the right-brain list of deficit symptoms (A) and left- brain deficit symptoms (B). The highest number identifies the side of hemispheric weakness. The side with the greater number is the side of hemispheric weakness. The greater the number and the more they are different, the more severe the imbalance between the two sides.

 Total number of checkmarks for RIGHT BRAIN deficit (A
 Total number of checkmarks on LEFT BRAIN deficit (B)
 Hemispheric weakness right or left